



## Baby + Me Dog Bundles

### Basic: \$50

#### Written Guide which includes:

- How to prepare your dog while you're pregnant
- What to do when you're in hospital
- What to do on the day you come home from hospital
- Your dog + Baby first 6 months
- Your dog + Baby 6-12 months
- Your dog + Baby 12-20 months
- Your dog + Toddler

### Basic +: \$500

#### Written Guide (as above) + Visits, which occur as below:

**Initial visit** – during pregnancy (meet me, let me meet and assess your dog, learn how to best prepare your dog from where they're at)

**Second visit** – During your first 6 weeks with bub (I pop in again when you are ready, and see how you're going, discuss options going forward with your dog + baby and what it might be like in those early months).

**Third visit** – During the 6-8 month mark (I pop in again and we talk about what to expect as your baby becomes more mobile, how to best prepare your dog, and what to watch for).

**Fourth visit** – During the 12-14 month mark (I pop in again and we talk about what to expect when your baby starts walking, how to prepare your dog, any problem behaviours that have arisen, etc).

**Fifth visit** – During the 20-22 month mark (I pop in again and celebrate with you how you have managed to keep a child and a dog alive during a very stressful time! + discuss what to do now your toddler is about to become a lot more energetic-yet uncoordinated around your dog).

### Deluxe: \$1000

#### Written Guide (as above) + Visits (as above) + Obedience training

- Learn how to control your dog with your voice alone
- How to stop them jumping
- How to control them when visitors come around for those early baby cuddles or mother's group catch ups
- How to help them know how to behave around a crying baby, moving baby, crazy toddler
- 3 days (Sundays 9am-12pm) best completed by all who will be living in your house, including those who might be staying with your dog while you're in hospital.

#### WHAT YOU CAN EXPECT AT THE END OF THE 3 DAY OBEDIENCE COURSE IN THE DELUXE OPTION:

- A dog who heels when walking on a loose lead.
- A dog who no longer jumps.
- A dog who sits/drops on command and does not get up again until commanded.
- A dog who ignores distractions and remains focused.
- A dog who can be petted by family/friends and strangers without becoming too excited.
- Membership into an online community of past graduates.
- Weekly challenges and further access to dog training resources.
- A language that can communicate with your dog immediately and allow them to choose behaviours you want in every setting with your growing family.

#### WHAT YOU CAN EXPECT OF THE VISITS IN THE BASIC + AND DELUXE OPTIONS

- A time and day that suits us both, but is at your choosing (as becoming a mum for the first, second or more time is a very stressful time!).
- When I arrive, you don't need to worry about whether your house is clean, the baby is sleeping, or life appears calm... I am a Mum also; I know those things are optional extras at a time that otherwise just needs to be about surviving and finding place in the world.
- If possible, it will be very handy for me to meet your dog (at least on the initial session), and if you're comfortable, for me to be able to see how baby + dog interact (in your arms is entirely appropriate for a little baby).
- Usually a 30 minute visit is sufficient.



## BABY + ME FINER POINTS

---

### Obedience Techniques used in the deluxe option:

---

- The course you will be enrolled in is my 3 days and a new dog: Training course. I highly recommend you check out my Facebook page: 3 days and a new dog training; or my website: [anniesdogs.com.au](http://anniesdogs.com.au) to see this training in action. There are 1000s of videos of our training.
  - I don't use food rewards because owners commonly never move off food, and therefore their dog's obedience is often inconsistent (good when food is present, and selective when food is not present). This is not ideal when introducing a new family member into your home. Instead, I use your tone of voice.
  - I train all dogs under distraction from the very beginning. Why? Because your house is about to become very distracting! There is no point if your dog listens to you when everything is calm. Your dog needs to listen to you even when there are other dogs, activities, kids, bikes, and busy-ness going on around them.
  - I endorse the use of a halti harness. These harnesses prevent common injuries seen in dogs that wear martingale, choker or normal collars. Because these other collars pull on a very sensitive area – the dog's neck – injuries are often caused that could be prevented. Instead, I will teach you while using a "gentle leader" (aka head halti) and will teach you how to use it so that it is not aversive to the dog.
  - This course runs over 3 days. Depending on the course you signed up for, this is either 3 days in a row, or 3 days with a week in between each day. Both courses generate the outcomes you want. The main benefit for the 3 days with a week in between each day is that you are able to go home, consolidate the learning and return with questions that have arisen. The main draw back for the 3 days in a row is there is a lot of learning that will occur, and you will be exhausted.
  - This course is not designed as a reactivity or aggression fix. While secondary outcomes are often produced in which your dog becomes calmer, more confident and less reactive, these outcomes are not guaranteed. Instead, this course is designed as a high-level obedience course where your dog will be listening to you.
  - When you sign up to do this course you are consenting that your dog is 5 months or older (or will be when you do the course); is up to date with their C5 vaccinations, and is not dog or people aggressive. Dogs that demonstrate aggressive behaviours will be asked to leave. Dogs are allowed to be reactive (i.e. bark when first seeing another dog, however dogs that would bite or cause another dog to bite because of their behaviour i.e. rushing a dog or lunging, are not to do this course).
- 

### Logistics for the visits + written guide:

---

- The written guide will be delivered to you via PDF. If you would like a printed version this will incur a further \$50 fee.
  - The visits are non-refundable in the event you miss a visit or decide you don't want them. However, in the event I miss a visit and we cannot reschedule, I will return \$50 to you per missed visit.
  - I take cash for the option chosen on our initial visit, or upon signing up to the basic package. Payment plans are available, talk with me to discuss options.
- 

### Course Logistics

I recognise that all costs incurred in the event of my dog harming another person/dog/property will be payable by me (the dog's owner). I release Annie's Dogs from any legal or financial liability resulting from the training including, personal injury, loss of property, injury of dog or another human or their dog. I agree to the principles outlined, including but not limited to the event my dog is deemed aggressive by Annie; and the cost incurred if I need to change my dates.

---